



Family Service Center of Montgomery County

2358 FAIRLANE DRIVE, BUILDING E MONTGOMERY, AL 36116 270-4100



UPCOMING CLASS SCHEDULES

Evening Computer Training

Intro. To Computers, Tuesday, August 4, 2015
Intro. To Windows, Thursday, August 6, 2015
Intro to the Internet, Thursday, August 13, 2015
Word (Level 1), Tuesday, August 18, 2015
Word (Level 2), Thursday, August 20, 2015
Excel (Level 1), Tuesday, August 25, 2015
Excel (Level 2), Thursday, August 27, 2015

Classes are 6-8 pm. Call for reservations or more information. **No entry after class begins.** Please arrange for childcare.

Life Skills Seminars

Anger Management

Wednesday, August 5, 2015, 1-3:00 pm

Money Matters

Thursday, August 6, 2015, 1-2:30 pm

Pay Yourself First

Thursday, August 20, 2015, 1-2:30 pm

Virtual Work Center

Workshops are offered Tuesday afternoons @ 1 PM — 2:30 PM

Interviewing Skills, August 4, 2015
Dress for Success, August 11, 2015
Work Ethics, August 18, 2015
Resume Writing & Development, August 25, 2015

Call for more details

GED CLASSES

For people who are 16 or older living in Montgomery.
Classes: Please Call For Class Dates & Times
Location: Family Service Center of Montgomery County (Building E)

Provided by Trenholm State Technical College

August 2015

Come See Us, Call Us, or Visit Our Website

www.familyguidancecenter.org

The Family Service Center of Montgomery County is in Executive Park. Look for the Family Guidance Center's sign on Fairlane Drive and turn into the parking lot. We're in Building E.

Call Us at 270-4100

To receive a copy of the monthly calendar by email, contact Shauntice at swood@familyguidancecenter.org



All LIFT Workshops are **FREE!**

FOR COUPLES ONLY

Mondays, August 3rd - 24th

6-8 pm in Building G

ELEVATE

Saturday, August 8th

8:30 am - 4:30 pm

Building D

HOW TO AVOID MARRYING A JERK (OR JERKETTE)

Four Mondays,
August 31st - September 28th

(Will Skip Monday, September 7th for Labor Day)

(6-8 pm)

Building G

Registration REQUIRED.

Meals and childcare are included for pre-registrants.

A monetary bonus is available for participants attending all 8 hours of ELEVATE and completing surveys.

The purpose of this information is the dissemination of technical information. Funding is provided through a grant from: U.S. Department of Health and Human Services—Healthy Marriage Demonstration Grant #90FM0006. The opinions, findings, and conclusions or recommendations expressed in this material are those of the author(s) and do not necessarily reflect the views of the United States Department of Health and Human Services, Administration for Children and Families.

FAMILY ADVOCATE

Do You Need Help With...
Setting important goals for yourself or your family? Staying focused on your plans for life? Finding community resources to help your family thrive? Some extra support & encouragement?
Call for more details

PARENTING EDUCATION

Seven week parenting classes
Tuesday Mornings (10:00-11:30)
Tuesday Evenings (6:00-7:30)
Please Call to Pre-register.

PARENTING MATTERS

An advocacy program that assists fathers with parenting education, life skills, and employment assistance.

Call Yolanda Adams for more details

Funded by Children's Trust Fund & Alabama Dept of Human Resources

VIRTUAL WORK CENTER

A career readiness and employment skill building program that offers free personalized assistance in:

- * Job search and the application process.
- * Interviewing skills & techniques.
- * Résumé and Cover Letter development & writing.
- * Computer knowledge utilizing Microsoft software.
- * Developing self-driven goals to plan your career and personal accomplishments.
- * Learning how to find a job that's right for you.
- * Job etiquette and retention skills.

Call for more details

Parenting Assistance Line

1-866-962-3030