



Family Service Center of Jefferson County Newsletter

July/August 2015

COMMUNITY HAPPENINGS

HOMEWOOD CHURCH OF CHRIST 265 W Oxmoor Road Birmingham, Alabama 35209 205-942-5683 homewoodchurch.org **BACKPACK BLOCK PARTY (children must be in attendance) Saturday August 1st 2015 9am-12 noon.** Children will experience: Free Backpacks with school supplies (while supplies last), Medical and Dental Screenings, Inflatable Rides, Refreshments, Face painting and Balloons and more!

HOMEWOOD PUBLIC LIBRARY
Self-Defense for Women with Detective Juan Rodriquez, Owner of Summit Training Academy Homewood Public Library – August 8th from 9:30AM-1:30PM **FREE but registration is required.** Please contact the Homewood Library @ 205-332-6600 to register or for more details.

Comic Canvas Art Wednesday July 8th 3pm Homewood Public Library 6th – 12th grade registration required. Please contact Homewood Library @ 205-332-6600.

Computer Classes Tuesday and Thursday in the Training Lab on the lower level of the library. Some evening classes are offered on Thursdays from 6-8 p.m., however they are accelerated and condensed. Introductory to intermediate levels of training are offered. Students enjoy lectures and hands-on training. Class materials include updated and detailed handouts for you to take home. To register for a class, phone David at 205.332.6632

Counseling Services

Counseling Services are offered through Family Guidance Center **FREE** of charge.

We also offer Parenting & Conflict Resolution Groups.

For an appointment or more information on our Counseling Services please contact us at **205-945-6000**.

TEEN CONNECTION

"Strengthening connections between parents and teens"

Teens ages 13-18 years
and parents of teens

For more information or to register call:
205.945.6000

Funded through a grant from the Junior League of Greater Birmingham.

Visit our website!

www.familyguidancecenter.org



Small Wonders

Small Wonders is now accepting referrals.

The Small Wonders Program assists families of children, birth to 18 years, who have special healthcare & developmental needs.

Services are provided in the family's home which allows the assistance to be individualized and tailored to your family's specific needs.

Small Wonders is funded by the Children's Trust Fund of Alabama & is available FREE of charge to families in Jefferson & Shelby Counties.

For more information contact Brandi Welton at 205-945-6000.

"I've found that there is always some beauty left -- in nature, sunshine, freedom, in yourself; these can all help you. Think of all the beauty still left around you and be happy."

– Anne Frank, author of "The Diary of a Young Girl"

Mission Statement

Family Guidance Center of Alabama is dedicated to strengthening families through partnering with families, organizations, and communities and through the provision of an accessible comprehensive system of coordinated programs and services designed to enable people of all ages in Alabama to envision and achieve their goals.

Family Service Center of Jefferson County is a program of Family Guidance Center of Alabama, Inc.

Community Advocacy

New Outreach Program – Community Advocacy Program

Family Service Center of Jefferson County has an exciting new program called Community Advocacy Program. Our Community Advocates offers single- and multi-session training seminars that focus on strengthening families. These life skill seminars address issues such as parenting education, money management/budgeting, stress management/coping, and economic stability. Services are offered FREE in Jefferson County. Please contact Amy McDuffee or Brittony Mays at (205) 945-6000 for more information on how to register for these seminars or how to bring these seminars to your agency or community.

Funding provided in partnership with the Jefferson County Cy Pres Grant funds.

Parenting Matters

Parenting Matters promotes the benefits of responsible parenting and offers many specialty services for **FATHERS!**

Services include:

- Employment Readiness
- One on One Consultation and Support

Call Frederick at 205-945-6000 for more information!

Funding provided by the Children's Trust Fund, Office of Family Assistance and the U.S. Dept. of Human Services. Grant #90FK0042-01-00. Services are available to all eligible persons regardless of gender, age, disability, religion, or sexual orientation.

FATHERHOOD GATHERINGS- DADS' DAY OUT

**To Register, Contact:
Frederick Hilliard 205-945-6000**

Community Partner Announcements

Beginning Bridge Outreach Ministry

A Family Re-Entry Program
Call Vanessa Hunter-Beavers at
205-966-2194 or email
bbcdc2009@yahoo.com

The Literacy Council

If you are interested in becoming a
volunteer to motivate adult non-
readers by helping them increase
their literacy skills please call 205-
326-1925

Jefferson County Department of Human Resources

If you would like to become a foster
parent or to provide respite care for
foster children, please contact:
Anna Smith 205-744-3947

Lawson State Community College

Adult Education Programs are
offered onsite via GED Online at
the Family Service Center of
Jefferson County in partnership
with Lawson State Community
College Central and Bessemer
Campus locations.

Classes offered are:

GED and JOBS Prep Classes via
JCDHR.

Assessment Testing is mandatory
for GED placement and is
administered at Lawson State
Community College – One Stop
Career Center.

If you have any question please
call Adult Education
at 205-929-6481.

COMPUTER LAB

Our Computer Lab is free for community usage throughout the
week from **3:30pm to 4:30pm**. Please call Ashley at 205-945-
6000 for more information.

Working Matters

*Working Matters is a collaborative partnership between the
Alabama Department of Human Resources and Family
Guidance Center of Alabama to help individuals become
employed and to retain their employment.*

**Working Matters is currently seeking
community placement sites for our
volunteers.**

**If your company is interested in having a 3-
6 month volunteer worker or would like
more information about the Working
Matters Program, contact Deborah at
205-945-6000.**

Family Advocacy

**Do you need help setting important goals for yourself
or your family?**

**Could you use some help finding community
resources?**

**Would you like some extra help to stay focused on
your plans for your life?**

Our Family Advocate can help you with your goal setting,
emergency assistance, & family mentoring needs.

Please call Aisha at 205-945-6000.

KIDS ZONE:

Frozen Pudding Pops

1 pack of clear plastic cups

1 each pack of pudding mix
(chocolate and vanilla)

Mix packs of pudding as directed
one at a time, pour into cups. Try
layering! Put into freezer and let
set, Serve and enjoy!

Taco Tuesdays!

Start a family tradition and have
Mexican inspired meals every
Tuesday. Research some fun
facts about Mexico and share
with the family around the
dinner table!

Riddle Time!

Q: Mary's father has 5
daughters – Nana, Nene,
Nini, Nono. What is the
fifth daughter's name?

A: If you answered Nunu,
you are wrong. It's Mary!

Q: What is the longest
word in the dictionary?

A: Smiles, because there
is a mile between each
's'.

Family Guidance Center of Alabama Family Service Center of Jefferson County

234 Aquarius Drive
Suite 118

Birmingham, Alabama 35209

Office: 205-945-6000

Fax: 205-945-6022

Email:

rallison@familyguidancecenter.org

Business Hours:

Monday – Friday 8:00am-4:30pm

*Family Service Center of Jefferson County is funded in
part by Family Preservation and Support Services of
Alabama Department of Human Resources, and
Department of Child Abuse and Neglect Prevention.*

*"It's really a wonder that I haven't dropped all my ideals, because they seem so
absurd and impossible to carry out. Yet I keep them, because in spite of
everything, I still believe that people are really good at heart."
– Anne Frank, author of "The Diary of a Young Girl"*

Directions to Family Guidance Center – Jefferson County

From I-65 North: take exit 256A (Oxmoor Road Exit) and turn left onto Oxmoor Road. Travel
approximately $\frac{3}{4}$ mile then turn right onto Aquarius Drive into the Barbers Business Park. Take
second right into the office complex. Building 234 is on your right, Suite 118 is in the back of the
building.

From I-65 South: take exit 256A (Oxmoor Road West Exit) and turn right onto Oxmoor Road.
Proceed into far right lane and travel $\frac{3}{4}$ mile then turn right onto Aquarius Drive (Barbers Business
Park). Take second right into the office complex. Building 234 is on your right, Suite 118 is in the
back of the building.