



# Family Service Center of Montgomery County

2358 FAIRLANE DRIVE, BUILDING E MONTGOMERY, AL 36116 270-4100



## UPCOMING CLASS SCHEDULES

### Counseling

Confidential counseling services are provided for individuals, couples, or families

Call To Make an Appointment 270-4100.  
Day and Evening Appointments are Available.

Fees are based on a sliding fee scale which is geared to household income and family size.  
In addition, selected insurance coverages are accepted.

### Life Skills Seminars

#### Anger Management

Wednesday, October 11, 2017, 1-3:00 pm

#### Financial Recovery

(How to recover financially and rebuild your credit)  
Thursday, October 12, 2017, 1-2:30 pm

#### Bank On It

(An introduction to bank services)  
Thursday, October 26, 2017, 1-2:30 pm

### Virtual Work Center

**Workshops are offered Tuesday afternoons @ 1 PM — 2:30 PM**

- Career Planning, October 3, 2017
- Resume Writing & Development, October 10, 2017
- Interviewing Skills / Dress for Success, October 17, 2017
- Work Ethics, October 24, 2017
- Career Planning, October 31, 2017

**Call for more details**

### PARENTING MATTERS

An advocacy program that assists men with fathering skills, life skills, and job readiness and employment assistance.

#### Fatherhood and Employment Assistance

**New classes start**

- **Session 1- October 2-13, 2017**
- **Session 2 - October 23 - November 3, 2017**

Don't miss out on this great opportunity to move ahead!  
Make an appointment now.

Call Jim Christensen for more details @ 270-4100

Funded by Alabama Department of Human Resources in partnership with the Department of Child Abuse and Neglect Prevention



## October 2017

Come See Us, Call Us, or Visit Our Website @familyguidancecenter.org

The Family Service Center of Montgomery County is in Executive Park. Look for the Family Guidance Center sign on Fairlane Drive and turn into the parking lot. We're in Building E.

### Evening Computer Training

- Intro to Computers, Tuesday, October 3, 2017
- Intro to Windows, Thursday, October 5, 2017
- Intro to the Internet, Tuesday, October 10, 2017
- Word (Level 1), Thursday, October 12, 2017
- Word (Level 2), Tuesday, October 17, 2017
- Excel (Level 1), Thursday, October 19, 2017
- Excel (Level 2), Tuesday, October 24, 2017
- PowerPoint, Thursday, October 26, 2017
- Intro to Computers, Tuesday, October 31, 2017

Classes are 6-8 pm.  
Call for reservations or more information.  
**No entry after class begins.**  
Please arrange for childcare



**Contact Tonya at 270-4100 for more information.**

**Monetary compensation** will be provided for COUPLES completing surveys in the opportunity!

**Registration REQUIRED. Call 270-4100 to enroll.**

Dinner & childcare will be provided at no cost for participants.

\*Funding for this project was provided by the United States Department of Health and Human Services, Administration for Children and Families, Grant: # 90FM0082. These services are available to all eligible persons, regardless of race, gender, age, disability, or religion.\*

### FAMILY ADVOCATE

Do You Need Help With...  
Setting important goals for yourself or your family? Staying focused on your plans for life? Finding community resources to help your family thrive? Some extra support & encouragement?  
**Call for more details**

### PARENTING EDUCATION

Seven week parenting classes  
Tuesday Evenings (6:00-7:30)  
Wednesday Mornings (10:00-11:30)  
Please Call to Pre-register.

### WORK READY!

Assists young adults, 16-24, who are out of school with identifying and getting started on a career plan. Serves young adults in Montgomery, Lowndes, Elmore and Autauga Counties  
Call Yolanda Adams for more details  
334-270-4100

Federally funded through the State of AL by the U.S. Dept. of Labor/Employment/Training Admin.

### VIRTUAL WORK CENTER

A career readiness and employment skill building program that offers free personalized assistance in:

- \* Job search and the application process.
  - \* Interviewing skills & techniques.
  - \* Résumé and Cover Letter development & writing.
  - \* Computer knowledge utilizing Microsoft software.
  - \* Developing self-driven goals to plan your career and personal accomplishments.
  - \* Learning how to find a job that's right for you.
  - \* Job etiquette and retention skills.
- Call for more details**

Parenting Assistance Line 1-866-962-3030

To receive the monthly calendar by email, contact Shauntice at swood@familyguidancecenter.org.