



Family Service Center of Jefferson County

234 Aquarius Drive, Suite 118 Birmingham, Alabama 35209



BUSINESS HOURS: MONDAY - FRIDAY 8:00 AM - 4:30 PM

We are located in Barbers Business Park, look for the Family Guidance Center sign.
familyguidancecenter.org or Connect with us on Facebook.

Visit our website:



SCAN ME!

FAMILY ADVOCATE

Do You Need Help With...

Setting important goals for yourself or your family?

Staying focused on your plans for life? Finding

community resources to help your family thrive?

Some extra support & encouragement?

For more details call Michelle @
(205) 945-6000



Parenting Assistance Line:

1-866-962-3030

PARENTING MATTERS

An advocacy program that assists men with fathering skills, life skills, job readiness and employment assistance.

For information on the Parenting Matters

Program, please contact

Birmingham Office

Frederick Hilliard

(205) 945-6000



FREE

PARENTING CLASSES

WE HAVE OPENINGS!

Educational classes are available to individuals and couples interested in learning new parenting skills. Classes offered by phone.

Schedule: Monday and Friday 6:00 PM to 7:00 PM

Please call Linda Young at 205-945-6000



Family Guidance Center of Alabama PRESENTS



HEART & SOLE SNEAKER GALA



SAT
AUG
24th
2024

TICKETS
\$125
ADMITS 2

6PM
DINNER SERVED
@7PM

THE FESTIVITIES WILL INCLUDE:
A PLATED DINNER, CASH BAR, MUSIC,
DANCING, SILENT AUCTION
THREE CASH PRIZES
GRAND PRIZE: \$5,000 2nd Prize \$3,000 3rd \$2,000
LOCATION
EMBASSY SUITES BY HILTON
300 TALLAPOOSA ST.
MONTGOMERY, AL 36104
FOR MORE INFORMATION OR TICKETS CALL
334-270-4100 EXT. 254
OR 1-800-499-6567 EXT. 254
WWW.FAMILYGUIDANCECENTER.ORG
ALL PROCEEDS BENEFIT THE CHILDREN, FAMILIES & SENIORS THAT WE SERVE

COUNSELING

Services Free of Charge

Individuals, Couples, & Family services available by appointment. Now offered via telehealth.

For more information on our *Counseling Services* please call Tom at 205-945-6000

(Tues—Thursday 9:00 am to 4:00 pm)

NATIONAL WELLNESS MONTH

August is National Wellness Month & focuses on self-care, managing stress and promoting healthy routines.

SMALL WONDERS

Small Wonders is now accepting referrals. The Small Wonders Program assists families of children, birth to 18 years, who have special healthcare & developmental needs.

Small Wonders is funded by the Children's Trust Fund of Alabama & is available FREE of charge to families in Jefferson, Shelby & Chilton Counties.

Please call Deborah Thomas at

205-945-6000

deborah@familyguidancecenter.org



WORKING MATTERS

Working Matters is a partnership between the Jefferson County Department of Human Resources and Family Guidance Center of Alabama to help individuals become employed and to retain their employment

Working Matters is currently seeking community placement sites for our volunteers.

If your company is interested in having a 3 - 6 month volunteer worker or for more information about the Working Matters Program, contact

Regina Allison at 205-945-6000



Anger Management

Classes offered online

Tuesday, Wednesday, Thursday

12:00-1:00 PM

For more information, please call

Tom at 205-945-6000

Open your heart and your home to Foster Children in

Alabama. Please call

1-866-4AL-KIDS

DHR needs homes now!