



# Family Service Center of Jefferson County

234 Aquarius Drive, Suite 118 Birmingham, Alabama 35209



**BUSINESS HOURS: MONDAY - FRIDAY 8:00 AM - 4:30 PM**

We are located in Barbers Business Park, look for the Family Guidance Center sign.  
[familyguidancecenter.org](http://familyguidancecenter.org) or Connect with us on Facebook.

Visit our website:



SCAN ME!

## WORKING MATTERS

*Working Matters is a collaborative partnership between the Jefferson County Department of Human Resources and Family Guidance Center of Alabama to help individuals become employed and to retain their employment. Working Matters is currently seeking community placement sites for our volunteers.*

For more information about the Working Matters Program, contact Regina Allison at 205-945-6000



## SUN SAFETY

SUMMER SKIN PROTECTION



WEAR BROAD HAT



USE SUNGLASSES



WEAR PROTECTIVE CLOTHING



AVOID SUN BETWEEN 11 AM AND 3 PM



USE SUNSCREEN



DRINK MORE WATER



REFLECTION CAUTION



SEEK SHADE



AVOID DIRECT SUNLIGHT

## FAMILY ADVOCATE

Do You Need Help With...

Setting important goals for yourself or your family?

Some extra support & encouragement?

For more details call (205) 945-6000

Ask for Michelle

## PARENTING MATTERS

An advocacy program that assists men with fathering skills, life skills, job readiness and employment assistance.

### Birmingham Office

Frederick Hilliard

(205) 945-6000

Ongoing help for fathers regarding child support

and employment is available.



Funded by Alabama Department of Human Resources in partnership with the Department of Child Abuse and Neglect Prevention.



Open your heart and your home to Foster Children in Alabama.

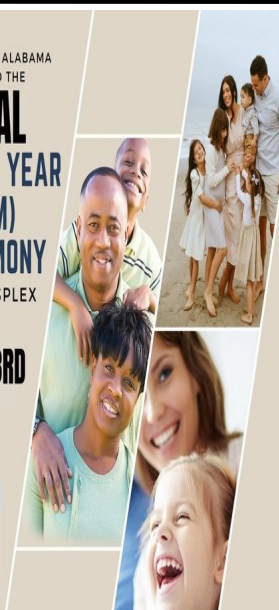
Please call 1-866-4AL-KIDS

(1-866-425-5437) for more

information.

FAMILY GUIDANCE CENTER OF ALABAMA  
CORDIALLY INVITE YOU TO THE  
**7TH ANNUAL FAMILIES OF THE YEAR (BIRMINGHAM) AWARDS CEREMONY**  
@BIRMINGHAM CROSSPLEX

SUN. JUNE 23RD  
4:00PM



## SMALL WONDERS

Small Wonders is now accepting referrals. The Small Wonders Program assists families of children, birth to 18 years, who have special healthcare & developmental needs. Services are provided online.

Small Wonders is funded by the Children's Trust Fund of Alabama & is available FREE of charge to families in Jefferson, Shelby & Chilton Counties.

Please call Deborah at

205-945-6000

[deborah@familyguidancecenter.org](mailto:deborah@familyguidancecenter.org)

## FREE

PARENTING CLASSES

NEW CLASS TIMES!!!

Educational classes are available to individuals and couples interested in learning new parenting skills. Classes offered by phone.

Class Schedule:

Monday and Fridays 6:00 PM to 7:00 PM

Please call Linda at 205-945-6000.

## COUNSELING

Services Free of Charge

Individuals, Couples, & Family services available by Telehealth FREE of charge.

For or more information on our

Counseling Services please call our office at

(205) 945-6000.

Ask for Tom.

Parenting Assistance Line: 1-866-962-3030

& visit [alabamafamilycentral.com](http://alabamafamilycentral.com) for resources.

## Anger Management

Classes offered online FREE

Tuesday and Thursday

12:00-1:00 PM For more

information, please call Tom at

at 205-945-6000.