



Family Service Center of Jefferson County

234 Aquarius Drive, Suite 118 Birmingham, Alabama 35209
(205) 945-6000



BUSINESS HOURS: MONDAY - FRIDAY 8:00 AM - 4:30 PM

We are located in Barbers Business Park, look for the Family Guidance Center sign.
familyguidancecenter.org or Connect with us on Facebook.

Visit our website:



SCAN ME!

WORKING MATTERS

Working Matters is a collaborative partnership between the Jefferson County Department of Human Resources and Family Guidance Center of Alabama to help individuals become employed and to retain their employment

Working Matters is currently seeking community placement sites for our volunteers.

If your company is interested in having a 3 - 6 month volunteer worker or for more information about the Working Matters Program, contact Regina Allison at 205-945-6000

FAMILY ADVOCATE

Do You Need Help With...
Setting important goals for yourself or your family?
Staying focused on your plans for life? Finding community resources to help your family thrive?
Some extra support & encouragement?

Offered online and in-person.

For more details call or email
Daria Boswell @ (205) 345-6000

PARENTING MATTERS

An advocacy program that assists men with fathering skills, life skills, job readiness and employment assistance.

For information on the Parenting Matters Program, please contact the office in your location.

Birmingham Office
Frederick Hilliard
(205) 945-6000

Montgomery Office
Dr. Jim Christensen
(334) 270-4100

Ongoing help for fathers regarding child support and employment is available.



Funded by Alabama Department of Human Resources in partnership with the Department of Child Abuse and Neglect Prevention.

ASSERTIVE COMMUNICATION



Classes offered online

Mondays 12:00-1:00 PM

For more information, please call or email
Amy McDuffee
at 205-945-6000 or
amcduffee@familyguidancecenter.org



COUNSELING

Services Free of Charge

Individuals, Couples, & Family services available by appointment. Now offered online. Conflict Resolution Classes are also available FREE of charge.

For an appointment or more information on our *Counseling Services*

please contact Amy McDuffee
at 205-945-6000 or

amcduffee@familyguidancecenter.org

Co-Parenting

Classes Offered Online

A Four Week Class

Mondays, 2:00 - 3:30 PM

June 6 ~ June 13

June 20 ~ June 27

To Pre-register, please call or email
Jaleesa Albadani @ (334) 270-4100

COMPUTER TRAINING CLASSES

OFFERED ONLINE

TUESDAYS & THURSDAYS

EVENING HOURS - 6:00 - 8:00 PM

Intro. to Computer - Thursday, May 31

Intro. to Internet - Tuesday, June 2

Intro. to Windows - Thursday, June 7

Word (Level 1) - Tuesday, June 9

Word (Level 2) - Thursday, June 14

Excel (Level 1) - Tuesday, June 16

Excel (Level 2) - Thursday, June 21

PowerPoint - Tuesday, June 23

For more information or to pre-register, please call Caroline @ (334) 270-4100

SMALL WONDERS

Small Wonders is now accepting referrals. The Small Wonders Program assists families of children, birth to 18 years, who have special healthcare & developmental needs. Services are provided online.

Small Wonders is funded by the Children's Trust Fund of Alabama & is available FREE of charge to families in Jefferson & Shelby Counties.

Please call Deborah Thomas at

205-945-6000

deborah.t@familyguidancecenter.org

FREE PARENTING CLASSES NEW CLASS TIMES!!!

Educational classes are available to individuals and couples interested in learning new parenting skills. Classes offered by phone.

Class Schedule:

Tuesday & Thursdays 6:00 PM to 7:00 PM

Please call Linda Young at 205-945-6000

lyoung@familyguidancecenter.org

Anger Management

Classes offered online

Tuesday- Friday 12:00-1:00 PM

For more information, please call or email

Amy McDuffee

at 205-945-6000 or

amcduffee@familyguidancecenter.org

Tech Lab Open

By Appointment Only.

Monday - Friday - 8:00 - 4:00 p.m.

To schedule an appointment, please call
Marcia Carter @ (205) 945-6000



Parenting Assistance Line: 1-866-962-3030
& visit alabamafamilycentral.com for resources.

To receive the monthly calendar by email, contact

All of our services are available via Zoom, Theranest, conference call, and other platforms. Your safety is our number 1 priority!