



Family Service Center of Jefferson County

234 Aquarius Drive, Suite 118 Birmingham, Alabama 35209



BUSINESS HOURS: MONDAY - FRIDAY 8:00 AM - 4:30 PM

We are located in Barbers Business Park, look for the Family Guidance Center sign.

familyguidancecenter.org or Connect with us on Facebook.

Visit our website:



SCAN ME!

WORKING MATTERS

Working Matters is a collaborative partnership between the Jefferson County Department of Human Resources and Family Guidance Center of Alabama to help individuals become employed and to retain their employment

Working Matters is currently seeking community placement sites for our volunteers.

If your company is interested in having a 3 - 6 month volunteer worker or for more information about the Working Matters Program, contact

Regina Allison at 205-945-6000



COUNSELING

Services Free of Charge

Individuals, Couples, & Family services available by appointment. Now offered online. Conflict Resolution Classes are also available FREE of charge.

Anger Management

Classes offered online

Tuesday, Wednesday, Thursday

12:00-1:00 PM

For an appointment or more information on our *Counseling Services*,

Please Call or email

Amy McDuffee

at 205-945-6000 or

amcduffee@familyguidancecenter.org

SMALL WONDERS

Small Wonders is now accepting referrals. The Small Wonders Program assists families of children, birth to 18 years, who have special healthcare & developmental needs. Services are provided online.

Small Wonders is funded by the Children's Trust Fund of Alabama & is available FREE of charge to families in Chilton, Jefferson & Shelby Counties.

Please call Deborah Thomas at

205-945-6000

deborah@familyguidancecenter.org

FAMILY ADVOCATE

Do You Need Help With...

Setting important goals for yourself or your family?

Staying focused on your plans for life? Finding community resources to help your family thrive?

Some extra support & encouragement?

Please Call Daria

205-945-6000

PARENTING MATTERS

An advocacy program that assists men with fathering skills, life skills, job readiness and employment assistance.

For information on the Parenting Matters Program, please contact the office in your location.



Birmingham Office

Frederick Hilliard

(205) 945-6000



Montgomery Office

Dr. Jim Christensen

(334) 270-4100

LIFE COACH

Coaching connects consumers with a FREE life coach.

Coaches empower you to pursue and reach your goals.

Need a little support to get to your next level?

Call Renee today to see if you are eligible @

(344) 451-6058!

Tech Lab Open

By Appointment Only.

Monday - Friday - 8:00 - 4:00 p.m.

To schedule an appointment, please call

Marcia Carter @ (205) 945-6000



Parenting Assistance Line: 1-866-962-3030

& visit alabamafamilycentral.com for resources.

All of our services are available via Zoom, Theranest, conference call, and other platforms.