



# Family Service Center of Montgomery

2358 FAIRLANE DRIVE, BUILDING E MONTGOMERY, AL 36116 (334) 270-4100

BUSINESS HOURS: MONDAY - FRIDAY 8:00 AM - 4:30 PM

We are located in Executive Park, look for the Family Guidance Center sign on Fairlane Drive.

Visit our website: [familyguidancecenter.org](http://familyguidancecenter.org) or Connect with us on Facebook.



SCAN ME!

## COMPUTER TRAINING CLASSES

TUESDAY EVENING CLASSES  
EVENING HOURS - 6:00 - 8:00 PM

- Introduction classes - Tuesday, OCT. 8 (Computer ~Windows ~Internet)
- Word (Level 1 & 2) - Tuesday, Oct. 15
- Excel (Level 1 & 2) - Tuesday, Oct. 22
- PowerPoint - Tuesday, Oct. 29

To pre-register, please call Caroline Herring @ (334) 270-4100



## Work Ready!

Assists young adults, 16 - 24, who are out of school with identifying and getting started on a career plan. Serves young adults in Montgomery, Lowndes, Elmore and Autauga Counties

For more information, please call Jerry Claiborne @ (334) 270-4100

## GED Skills Workshops

Need help with GED Skills?  
Let us help you get your GED!!!!  
Open Enrollment Now!!

For more information, please call Jerry Claiborne @ (334) 270-4100

## PARENTING MATTERS

An advocacy program that assists men with fathering skills, life skills, job readiness and employment assistance.

Jerry Claiborne  
(334) 270-4100

**Ongoing help for fathers regarding child support and employment is available.**



Funded by Alabama Department of Human Resources in partnership with the Department of Child Abuse and Neglect Prevention.



## Co-Parenting Classes

Thursdays, 1:00PM - 2:30PM  
October 10th & October 24th  
Certificates Provided

To Pre-register, please call or email Kandice Glover (334) 270-4100  
Kglover@familyguidancecenter.org

## October 2024



## Visit our Baby Café!

Baby Cafe is a free place for parents who need support with breastfeeding services  
Tuesdays, 5:30pm - 7:30pm  
Wednesdays, 12 noon - 2pm  
Thursdays, 5:30pm - 7:30pm  
Fridays, 12 noon - 2pm

No appointment or insurance necessary  
For more information, call (334) 293-6502  
[thewellnesscoalition.org/babycafe](http://thewellnesscoalition.org/babycafe)

## Career Workshops

**Thursdays, 10AM - 11:30AM**

- October 3rd - Career Planning
- October 10th - Resume Writing
- October 17th - Dress For Success
- October 24th - Interviewing Skills

For more information, please call or email Kandice Glover (334) 270-4100  
Kglover@familyguidancecenter.org

## 6 FREE Workshops for Couples!

**\*\*\*EARN \$80 EACH!\*\*\***  
Dinner is included.

Hear all the benefits couples receive from joining us!

Don't Miss Out!!!  
Contact Santana TODAY!!!  
(334) 270-4100 ( ext. 317) or  
[slumpkin@familyguidancecenter.org](mailto:slumpkin@familyguidancecenter.org)



Funding for this project was provided by the United States Department of Health and Human Services, Administration for Children and Families, Grant: # 90FM0082. These services are available to all eligible persons, regardless of race, gender, age, disability, or religion.

## FAMILY ADVOCATE

Do You Need Help With...  
Setting important goals for yourself or your family?  
Staying focused on your plans for life?  
Finding community resources to help your family thrive? Some extra support & encouragement?

For more information, call or email Valerye Phillips-Downing @ (334) 270-4100  
Vphillips-downing@familyguidancecenter.org

## PARENTING EDUCATION

Seven (7) Week Class  
September 9th - October 29th, 2024

Monday Mornings (10:00-11:30 AM)  
Tuesday Evenings (6:00 - 7:30 PM)  
Certificates Provided

Pre-registration required. Please call or email Kandice Glover @ (334) 270-4100  
Kglover@familyguidancecenter.org

## Senior Computer Workshops

**Tuesday Mornings 10:00 - 12 Noon**

October 1st      October 15th  
October 22nd    October 29th

For more information, please call Caroline Herring @ (334) 270-4100

## Anger Management

Wednesdays ~ 1:00 - 3:00 PM  
October 9th & October 23rd  
Certificates Provided

To pre-register, please call or email Kandice Glover (334) 270-4100  
Kglover@familyguidancecenter.org

## Money Management

Thursday Evening @ Oct 10th, 2024  
Tuesday Morning @ Oct. 22nd, 2024  
5:30PM - 7PM / 10:00AM - 11:30AM

To pre-register, call or email Kandice Glover (334) 270-4100  
Kglover@familyguidancecenter.org



## Tech Lab Open

Monday - Friday 8:00 - 4:00p.m.

For more information, please call Caroline Herring @ (334) 270-4100.

Parenting Assistance Line: 1-866-962-3030 & visit [alabamafamilycentral.com](http://alabamafamilycentral.com) for resources.

To receive the monthly calendar by email, contact Gwendolyn Patterson at [gpatterson@familyguidancecenter.org](mailto:gpatterson@familyguidancecenter.org)