

Family Service Center of Jefferson County

234 Aquarius Drive, Suite 118 Birmingham, Alabama 35209



BUSINESS HOURS: MONDAY - FRIDAY 8:00 AM - 4:30 PM We are located in Barbers Business Park, look for the Family Guidance Center sign. familyguidancecenter.org or Connect with us on Facebook.

Visit our website:



SCAN ME!

FAMILY ADVOCATE

Do You Need Help With... Setting important goals for yourself or your family? Staying focused on your plans for life? Finding community resources to help your family thrive?

> For more details please call Michelle @ (205) 945-6000

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Some extra support & encouragement?

Open your heart and your home to Foster Children in Alabama Please call 1-866-4AL-KIDS (1-866-425-5437) for information.

Parenting Matters

Alabama DHR is recruiting new foster &

An advocacy program that assists men with fathering skills, life skills, job readiness and employment assistance.

<u>For information on the Parenting Matters</u>

Program, please contact:

Birmingham Office

Frederick Hilliard

(205) 945-6000

Ongoing help for fathers regarding child support

and employment is available.

Funded by Alabama Department of Human Resources in partnership with the Department of Child Abuse and Neglect Prevention.





Anger Management

FREE Classes offered online

Tuesday, Wednesday, Thursday 12:00-1:00 PM

For more information, please call

Tom @205-945-6000



COUNSELING

Services Free of Charge

Individuals, Couples, & Family services available by appointment. Now offered online & in person. Conflict Resolution Classes are also available FREE of charge.

For an appointment or more

information on our Counseling Services please contact Tom at 205-945-6000

COACHING

Services Free of Charge

TANF eligible consumers get matched with a trained, on-staff coach. Coaches empower consumers to pursue and reach their goals. Need a little support to get to your next level? Contact Coaching today!

Cheryl Scott (334) 451-6058

September is Baby Safety Month and

helps educate parents and caregivers on the safe selection and use of juvenile products. This year's Baby Safety Month campaign provides knowledge & information to parents and caregivers everywhere who seek to provide the safest environment for their children. Please visit www.jpma.org for more info!



SMALL WONDERS

Small Wonders is now accepting referrals. The Small Wonders Program assists families of children, birth to 18 years, who have special healthcare & developmental needs. Services are provided online.

Small Wonders is funded by the Children's Trust Fund of Alabama & is available FREE of charge to families in Jefferson, Shelby & Chilton Counties.

> Please call Deborah Thomas at 205-945-6000



FREE

PARENTING CLASSES

NEW CLASS TIMES!!!

Educational classes are available to individuals and couples interested in learning new parenting skills.

Class Schedule:

Mondays and Fridays 6:00 PM to 7:00 PM

Please call Linda Young at 205-945-6000

lyoung@familyguidancecenter.org

WORKING MATTERS

Working Matters is a collaborative partnership between the Jefferson County Department of Human Resources and Family Guidance Center of Alabama to help individuals become employed and to retain their employment.

Working Matters is currently seeking community placement sites for our volunteers.

If your company is interested in having a 3 - 6 month volunteer worker or for more information about the Working Matters Program, contact

Regina Allison at 205-945-6000

Parenting Assistance Line: 1-866-962-3030 & visit

alabamafamilycentral.com for resources.