Food Safety

The USDA Food Safety Project at ASU Offers FREE Workshops:

Mark your calendar for these upcoming training dates in Dothan and Montgomery! Trainer Rose Windle addresses proper food safety and illness prevention practices in the home, classroom and child care environments, as well as how to share food safety content with children and parents. Though not affiliated with “Serve Safe,” it’s never too early!

It may seem like the summer months are a long way away, but when it comes to preparing for an extraordinary summer school age program, planning ahead is key! From deciding on themes, developing room configurations, scheduling activities, and setting classroom expectations, each component plays an integral role in your program’s success.

The Child Care Education and Training Department will be hosting a four-hour training in the Spring of 2014 for interested Directors or Schoolage teachers. It will be a training session focused solely on developing a successful Summer Program. More details will be coming soon!

In the meantime, please join us for our monthly Schoolage Trainings:

January 14, 2014 — 6:30 pm to 8:30 pm
Homework and Schoolage Care: Filling the Need While Finding a Balance
February 25, 2014 — 6:30 pm to 8:30 pm
Golosodal Club! Activities-Based Curriculum
March 18, 2014 — 6:30 pm to 8:30 pm
Helping Schoolage Children Learn to Manage Anger

A Day for Directors

On Saturday, January 25, 2014, the Child Care Education and Training Department will be hosting a Director’s Conference from 8:00 am to 2:00 pm. Our guest speakers for the conference will be Dr. Charlotte Hendricks and Michael A. Holt (see right column). Below will be the schedule for the day.

7:30am – 8:30am Registration/Visit Vendors
8:30am – 9:30am Keynote: New Year’s Resolutions You Can Keep (or Not!) — Dr. Charlotte Hendricks
9:45am – 10:00am Vendor Presentations
11:00am – 11:15am Lunch
11:30am – 12:15pm The Three Rs of Leadership: Lessons for Life — Michael A. Holt
12:15pm – 12:30pm Break/vendors
12:30pm – 1:30pm Stay in Touch — Don’t Want the World to Know — Dr. Charlotte Hendricks
1:30pm – 2:00pm Evaluations/door prizes/announcements

We are pleased to announce that David Kisor, with Growing Sound, will be the presenter for Sensational Saturday both in Dothan and Montgomery. Dothan’s Sensational Saturday is scheduled for January 25, 2014. Montgomery has their Sensational Saturday scheduled for February 22, 2014.

David Kisor is a multi-award winning singer, songwriter, composer, performer and teacher who creates music CDs that translate key findings from recent child development research into practical and entertaining products and performance events for children, teachers and parents. David tours all over the United States, and internationally; and has trained over 65,000 teachers on how to use music in the classroom; in addition to presenting hundreds of concert events for children and their families. Songs focus on topics such as creativity, curiosity, hope, optimism, mindfulness, self-control, confidence, mastery motivation, resilience, empathy, acceptance, teamwork, responsibility and more. His songs, published by GROWING SOUND are geared primarily for children ages 0-10.

David Kisor holds a Master’s of Music from the University of Cincinnati and a Bachelor’s of Music from the University of Miami. He has been a featured presenter at many National Conferences including NAYC, NISA, and AMS. He has been a keynote presenter at numerous State and Regional Conferences including SEDA, PAEPA, PATHS, One Goal Conference, FLAYC, Zero to Three and others. He is a certified credentialed trainer in OH, KY, GA, and MO. David Kisor resides in the Cincinnati, OH area and is also a Dad to four (4) children.

Sensational Saturday:

Songs of Resilience: Music For Social and Emotional Development

Using resilience theory and research, we will explore songs that promote attachment to caring adults, the initiative to turn mystery into mastery, and tools for self-control. Participants will move and sing songs and discuss related classroom activities that can accompany the songs and enhance their message and skills.

Music that Matters for Infants and Toddlers: Songs of Security and Stepping Out

In this workshop, participants will learn how songs can be used to build a secure bond between caring adult and infant, preparing the way to build positive motivation and self-regulation skills to toddlers. Participants will become familiar with appropriate key research findings, listen to and learn the songs based on the research, and explore ways to use the songs and the supportive materials in the infant/toddler development center.

A Day for Directors

Dr. Charlotte Hendricks, President and founder of www.childhealthonline.org, has promoted health education for young children, parents, and teachers for over 30 years. She pioneered research and curriculum development for preschool health education based on the principle that adults are responsible for children’s health and safety; however, young children need to explore their work and begin to develop decision-making skills and healthy habits to promote lifelong health. She earned her Bachelor’s and Master’s degrees from Western Kentucky University, and a doctoral degree from Indiana University. Her formal education focused on health and safety, program evaluation, and research in early childhood health education.

Mr. Michael A. Holt retired as the Assistant Director for Programs within Immigration and Customs Enforcement (ICE), Homeland Security Investigations (HSI). In this position, he was responsible for strategic planning, national policy implementation, and the development and execution of operational initiatives spanning four major investigative program divisions within HSI: National Security Investigations; Financial, Narcotics and Public Safety Investigations; Critical Infrastructure Protection and Fraud Investigations; and Investigative Services.
The pilot phase of the Quality Rating and Improvement System for Alabama has begun with 50 centers participating in this process. These centers will be using the PAS (Program Administration Scale), the ITERS-R (Infant/Toddler Environment Rating Scale) and the ECERS-R (Early Childhood Environment Rating Scale) as the assessment tools for their centers. The PAS is designed to reliably measure and improve the leadership and management practices of center-based programs. The ITERS-R is designed to assess group programs for children birth to two and a half years of age. The ECERS-R is used to assess programs for children two and a half through five years of age. These rating scales are used to assess quality in child care programs and are proven and reliable.

The Benefits of Using the Scales:
Children: Protects their basic health needs, builds social bonds, and offers opportunities for stimulation and learning experiences
Child Care Staff: Allows staff to see what changes will benefit the classroom, the child and families
The Child Care Program: Provides a roadmap to quality child care

These rating scales are available for checkout in both the Montgomery and Dothan Resource Libraries.

Online Resources for Teachers

The internet is a valuable resource for educators, offering free curriculum ideas and activities for children of all ages. Listed below are a few websites that provide an array of new learning opportunities for educators and Dothan Resource Libraries.

- www.familyguidancecenter.org
- www.earlychildhoodnews.com
- www.earlychildhoodnews.com
- www.teachpreschool.org
- www.zerotothree.org
- www.stepbystepcc.com
- www.first3years.org
- www.nifla.org
- www.earlychildhoodnews.com
- www.dltk-teach.com

Connecting to the FGC Website

To access calendar and training information go to www.familyguidancecenter.org. - on the right hand side of the home page you will see a purple box.


direction. The Child Care Education and Training Program staff in Montgomery and Dothan are always ready to support caregivers by providing technical assistance or bringing training sessions you request to your site. Sessions, with topics based on your needs, can be planned for 1 or 2 hours either during the day or evening. To schedule these sessions, please call the office you normally contact to register for training.

PARENTS OFFICES WILL BE CLOSED

January 1, 2014 – New Year’s Day
January 20, 2014 – Martin Luther King, Jr. Day
February 17, 2014 – President’s Day

New Information

Training Express

The Child Care Education and Training Program staff in Montgomery and Dothan are always ready to support caregivers by providing technical assistance or bringing training sessions you request to your site. Sessions, with topics based on your needs, can be planned for 1 or 2 hours either during the day or evening. To schedule these sessions, please call the office you normally contact to register for training.

Book Club

Book clubs are a great way to meet new colleagues while enjoying refreshments and discussing a book that will enhance your child care program. In April, we will begin the book, "How to Handle the Hard to Handle Parent" by Marilyn Applebaum. The class will meet for 1.5 hours weekly for 6 weeks, with reading done at home. Join us on Tuesday, April 8th, for a preview and light meal at FGC from 5:30 to 7:00 pm. Call to reserve your space; there will only be 12 book club members. Books will be provided to participants.

Is a Book Club in Your Future?

Book clubs are a great way to meet new colleagues while enjoying refreshments and discussing a book that will enhance your child care program. In April, we will begin the book, "How to Handle the Hard to Handle Parent" by Marilyn Applebaum. The class will meet for 1.5 hours weekly for 6 weeks, with reading done at home. Join us on Tuesday, April 8th, for a preview and light meal at FGC from 5:30 to 7:00 pm. Call to reserve your space; there will only be 12 book club members. Books will be provided to participants.

Quest for Quality!

Ways to improve your center and staff dynamics.

Child Care Staff:
Old magazines, poster board, glue
Help children cut pictures from magazines. Children can glue stickers to glue the pictures onto a poster board. Encourage children to cover the whole poster board with pictures. Hang the poster on children’s eye level. Call out a name of a picture on the collage; encourage a child to find the named picture on the collage.

Schoolagers - Favorite Books
Old magazines, construction paper, glue, hole punch, yarn
Schoolagers can look through old magazines to find pictures of favorite things. They cut out the pictures, glue them onto pieces of construction paper, and label the pictures. Punch holes in each page and tie them together with lengths of yarn. Schoolagers can

Infant - Magazine Picture Book
Mature Magazine Picture Book
Old magazines, glue, white paper plates, hole punch, yarn
Cut familiar pictures from old magazines. Glue a picture on the front and back of a white paper plate. Write the name of the picture under the picture with a colored marker. Punch holes in the paper plates and fasten them together with yarn. Hold a baby on your lap and share the book. Point to pictures as you say the names.

Toddler - Turning Pages Practice
Old magazines, poster board, glue
Old magazines offer old Toddler’s to encourage them to thumb and pointer fingers to turn the pages. Toddler need practice in learning how to turn pages without tearing them. When magazines are well-worn from page-turning practice, use the remaining pages for toddlers to practice using a glue stick to glue pictures onto scrap paper.

Preschoolers - Magazine Collage
Old magazines, poster board, glue
Old magazines, construction paper, glue, hole punch, yarn
Schoolagers can look through old magazines to find pictures of favorite things. They cut out the pictures, glue them onto pieces of construction paper, and label the pictures. Punch holes in each page and tie them together with lengths of yarn. Schoolagers can

Child Care Education and Training Program

Registerations

- Registration Procedures
  - To register in Montgomery please call 334.270.4100 ext. 235 or 1.800.499.6597 if long distance.
  - To register in Dothan please call 354.727777 ext. 227 or 1.800.290.0933 if long distance.
  - If at another location, you may leave a voice mail message after office hours on the appropriate extension.
  - Walk-ins will be accommodated as seating allows.

Registration Notes

1. Stay up to date on early childhood standards and trends
2. Join a group of dedicated child care professionals
3. Build your own child care network by meeting and sharing
4. Build new ideas and resources to use immediately
5. Share what you learned with your colleagues
6. Energize your program with an infusion of new ideas

Don’t Forget!

Share this Newsletter with your staff!!